

Your Source for
Comprehensive,
Compassionate Kidney Care.



Call: 210-319-4006
TexasKidneyCare.com

South Texas
 **RENAL**
CARE GROUP



Advanced Techniques and Personalized Care... When and Where You Need it Most.

At South Texas Renal Care Group, we are committed to putting you first at all times. Our experienced physicians and staff provide leading-edge kidney care in a compassionate and convenient setting. Whether you need treatment for chronic kidney disease related to hypertension, diabetes or another condition, or need vascular access management, dialysis or a kidney transplant, South Texas Renal Care Group is your source for expert care.

Comprehensive treatment at all of our facilities

We offer everything from diagnostic testing and kidney disease treatment to dialysis, kidney transplantation and clinical trial opportunities right here in our modern, comfortable offices. We have many locations throughout San Antonio and South Texas, so you can spend less time traveling and more time focusing on your health.

Dedicated to meeting your individual needs

You'll have our undivided attention every step of the way. We'll educate you about your condition so you can play an active role in your care, because it's vitally important. And we'll design a treatment plan that's focused on meeting your individual health needs. As our valued patient, you deserve nothing less.

Take the first step. Call our main office today at **210-319-4006**, or visit us online at **TexasKidneyCare.com**

Expert Kidney Care From a Team of Board-Certified Specialists

Our team of board-certified nephrologists specializes in the treatment of hypertension, diabetic and non-diabetic kidney disease, dialysis for end-stage renal disease, and pre- and post-kidney transplant care. Our physicians perform thorough evaluations and carefully consider your unique health needs and goals. We'll guide you through the most effective therapies available to address your kidney issues and keep you as healthy as possible.

"My experience with the doctors and staff at South Texas Renal Care Group has been great. The doctors truly care and are looking to make a difference in your life. I'm grateful for the work they've done thus far to keep me off of dialysis, in spite of having only one kidney left, which it to is in end stage four failure."

– Stanley P., patient

"The doctors and staff at South Texas Renal Care Group have been great. They've helped me manage my kidney issues and stay healthy. I recommend these doctors because I know what they do and what they're capable of doing. They are there for you and have a great focus on patient care."

– Julia R., patient



Take the First Step to Successful Kidney Therapy

The first step to successfully managing kidney issues is to share your concerns and get answers to your questions. A consultation with one of our board-certified specialists is the best way to accomplish this. Your time together will be unhurried, and as a result of your discussion, your specialist may recommend one or more diagnostic tests to provide insight for next steps in management.

South Texas Renal Care Group offers on-site renal imaging to support a prompt and accurate diagnosis. Once all the information is gathered, your specialist will assess it and provide treatment recommendations designed to meet your unique health needs.



Leading-Edge Treatment for Chronic Kidney Disease

Chronic kidney disease (CKD) occurs when the kidneys slowly stop working over time. The experienced specialists at South Texas Renal Care Group use the latest methods to slow the progression of CKD and keep you as healthy as possible. We are proud to provide comprehensive treatment of chronic kidney diseases, including:

- ★ **Hypertension (high blood pressure)** — A leading cause of end-stage renal disease (ESRD)
- ★ **Lupus nephritis** — An autoimmune disease that causes inflammation and damage to the kidneys
- ★ **Glomerular/vascular disorders** — Disorders of the clusters of blood vessels in the kidneys
- ★ **Proteinuria & hematuria** — Kidney disorders that occur when there is too much protein or blood in the urine
- ★ **Fluid & electrolyte disorders** — The kidneys help regulate fluids and electrolytes, and when they malfunction it can cause imbalances and lead to serious health complications
- ★ **Diabetic nephropathy** — Occurs when small filtration units in the kidneys called nephrons thicken and become scarred, damaging the kidneys' ability to function properly



"I didn't realize I was sick until I came to the hospital and learned my kidneys had failed. Dr. Mizani and his staff helped me get past dialysis and obtain a kidney transplant. They've given me my life back... they're true lifesavers."

– Nick W., patient

"I started dialysis at age 16. Recently, I was fortunate enough to obtain a kidney transplant. Dr. Riad and the team at South Texas Renal Care gave me my freedom back to do as I wish, and now I'm able to take my sons on road trips, train rides and airplanes. I trust Dr. Riad and his team with my health."

– Arturo C., patient

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In-Center and At-Home Dialysis for End-Stage Renal Disease

Dialysis uses a machine to process and clean your blood when your kidneys can no longer perform this function on their own. At South Texas Renal Care Group, our doctors are experts in all aspects of dialysis, and we use state-of-the-art equipment in all of our facilities. We also understand that dialysis is a significant commitment for you and your loved ones, so our centers are focused on ensuring your ultimate comfort.

Our kidney specialists will perform a complete assessment and match you with the dialysis treatment that will work best for your health and lifestyle needs. This may include the option to have your dialysis treatments at home. If you qualify for at-home dialysis, you will receive personalized training and hands-on guidance to help ensure that therapy is successful.

Expert Vascular Access Management

A vascular access is a surgically created vein that is used to remove and return blood during dialysis. This new vein allows large amounts of blood to flow continuously during dialysis therapy to filter as much blood as possible per treatment.

At South Texas Renal Care Group, we provide expert vascular access services, and our dedicated team will guide you through this process. Our goal is to not only successfully establish vascular access, but also to help you manage and maintain the access site over time, so you can continue to dialyze safely.

Complete Pre- and Post-Kidney Transplant Care

When you qualify for a kidney transplant, you can count on the specialists at South Texas Renal Care Group to provide comprehensive care both before and after transplantation. If you are a candidate for a kidney transplant, our team can provide complete pre-transplant evaluation and counseling as well as post-transplant medical management, including immunosuppressive therapy.

Clinical Research Trial Opportunities

At South Texas Renal Care Group, we are committed to staying at the forefront of kidney care, and to bringing our patients the most effective new therapies to manage kidney disease. One of the ways we do this is by actively participating in clinical research trials.

We have a full-service Clinical Trials Center with a team of experienced staff and nurses, and usually have several studies under way at any given time. For more information about clinical trials, ask any of our team members.

Meeting Your Needs. Exceeding Your Expectations.

Our goal is to ensure that you receive the personalized, proactive care you need and the excellent results you deserve. Our entire staff is dedicated to making you feel comfortable and well cared-for through every step of your journey. You'll enjoy the latest amenities and treatments at our modern, comfortable offices throughout San Antonio and South Texas. We respect your time and are always available to answer your questions. You'll even have guidance on insurance coverage and the financial aspects of your care.

Working With Your Primary Care Physician for Your Best Care and Health

At South Texas Renal Care Group, we never forget that we're here in support of your optimal health and well-being. For us, that means working closely with your primary care doctor, because your good health is a team undertaking. We make ourselves available to your doctor, keep your physicians informed about your care with regular updates, and seek his or her input whenever we need it.

Get comprehensive, leading-edge kidney care backed by experience and compassion. Take the first step.

Call South Texas Renal Care Group today.
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